

Recovery Matters

**Wednesday 12th April
1pm - 4pm
Red Cross Service Centre
823 Heretaunga St West
Hastings**



This course is suitable for people directly impacted by the events of Cyclone Gabrielle. Completing this course will help you :

- 1. Understand the impacts on people after an event**
- 2. Be aware of response in recovery**
- 3. Learn about Dr Rob Gordon's "Four processes of recovery"**
- 4. Be reminded of how to look after yourselves**

Scan the QR code to register:

