## Getting through post cyclone A "fireside chat" with Dr Lucy Hone A FREE community event

Facilitated by our own "Toddy" - from Toddy Talks

Registrations required

Dr Hone is a director of the NZ Institute of Wellbeing & Resilience and offers profound insight on human

suffering through her work

following the Christchurch

earthquake and her own

unimaginable tragedy.



Click here to register for 12 July
5.30pm in CHB
Municipal Theatre
Drinks and Nibbles provided



Click here to register for 13 July 12.30pm in Hastings Toitoi Events Centre Light lunch provided

Brought to the community by:















